

	General Attitudes	Significant Events	Emotional Responses to Events	Attitudinal and Behavioral Responses to Events	Physical Responses to Events
Pre-Departure	Anticipation	Planning; packing; processing; partying; parting	Excitement; enthusiasm; some trepidation of unknown; concern about leaving family, friends, familiar environment	Anticipation; slack-off of interest in current responsibilities	Weariness; generally normal health
1st Month	Exhilaration	Red-carpet welcome; new office; new colleagues; temporary or permanent housing; exploration of sights and shops; duty familiarization	Sense of mission; tourist enthusiasm	Outward curiosity about nationals; avoidance of negative stereotypes; job enthusiasm; enthusiasm for colleagues	Intestinal disturbances; minor insomnia
2nd Month	Bewilderment; Disenchantment; Restlessness; Impatience	Language study; housekeeping; servants, full-duty responsibilities; shipment delayed; unfamiliar sounds, smells,	Qualms; uncertainty; irritable search for security in familiar activities some withdrawal; occasional inclination to relax morals, increase alcohol consumption, be loudmouthed	Neutral towards environment; skepticism; uncertainty; frustration; question values of people, self, and job	Colds, headaches; occasional-to-frequent sick calls; pseudo-menopause

3rd Month	Discouragement; Irritability	Cut down or stop language study; drift to US recreational centers; uneven job performance	Discouragement; bewilderment; suspicion of servants; concern for sanitation (water, food, air); homesickness	Avoid contact with local populace; withdraw; become introspective, antagonistic; fear theft, injury, cheating, contamination; develop antipathy for names, colors, sounds, smells, local manners; invoke stereotypes	Minor illness (requests sick leave)
4/5th Month	Gradual Recovery	Resume language study; acceptable duty performance	Interest or resignation	Constructive attitudes; accommodation	Normal health
6th Month	Normal	Normal duty performances	Equilibrium	Equilibrium	Normal health
24th Month	Slack-Off Phase	Planning for monthly travel; pack new location, schools, turn over job; decrease production	Disinterest in local affair, anticipation of next activity	(Note: Occasionally, but not frequently, this is a production phase)	Normal health